

SALAD WITH CREAMY DILL DRESSING



Serves 4 (or 1, but let's not talk about that) ????

Ingredients:

Any combo and amount of veggies will work with this dressing but here's what we have in the pic shown:

1 head of organic iceberg lettuce

2 handfuls organic baby spinach

2 organic carrots, peeled and then shredded using a potato peeler

1 organic yellow pepper, chopped using [this awesome handy tool](#).

Roasted and salted pumpkin seeds

Fresh organic dill

DRESSING:

1/2 cup [soy free Veganaise](#) (healthy egg-free/soy-free mayo alternative)

3 Tablespoons fresh squeezed lemon juice

1 teaspoon organic honey mustard (I like the 365 brand from Whole Foods)

1 teaspoon organic maple syrup (I recommend [this one](#) from Costco)

1/2 teaspoon Himalayan pink salt (also available at Costco in a huge container for a reasonable price)

1/2 teaspoon dried dill

1 fresh clove garlic

Putting it all together:

Mix together in a mason jar or [dressing jar](#) and shake until smooth.
